

A Wake-Up Call: Improving Recognition and Management of Excessive Daytime Sleepiness in Patients with Obstructive Sleep Apnea

Tweetorial #2: References

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Rosenberg R, Schweitzer PK, Steier J, Pepin J-L. Residual excessive daytime sleepiness in patients treated for obstructive sleep apnea: guidance for assessment, diagnosis, and management. *Postgrad Med J.* 2021;133(7):772-783.

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Johns MW. A new method for measuring daytime sleepiness: the Epworth sleepiness scale. *Sleep.* 1991;14(6):540-545.

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Gandhi KD, Mansukhani MP, Silber MH, Kolla BP. Excessive Daytime Sleepiness: A Clinical Review. *Mayo Clin Proc.* 2021;96(5):1288-1301.

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Glossary

AHI, apnea-hypopnea index
CPAP, continuous positive airway pressure therapy
Dx, diagnosis
EDS, excessive daytime sleepiness
EEG, electroencephalography
ESS, Epworth Sleepiness Scale
FOSQ, Functional Outcomes of Sleep Questionnaire
HCP, health care provider
HR, hour
HSAT, home sleep apnea testing
MSLT, multiple sleep latency
MWT, maintenance of wakefulness test
OSA, obstructive sleep apnea
PSG, polysomnography
Pt(s), patient(s)
RF, radio frequency
Tx, treatment/therapy